



## JOKE POO RECIPES

At Wessex Water we treat 480 million litres of sewage from 2.8 million customers every day.

The sewage we treat at our water recycling centres consists of water from your toilets, showers and taps, as well as everything that ends up going down the drains and toilets, eg, soap, dirt, poo, toilet paper etc.

Some things end up going down drains and toilets that can cause nasty blockages and are harmful to the environment. These include wet wipes (even when they're labelled as 'flushable'), cotton pads, nappies, fats, oils and grease (FOG), sanitary products and other non-biodegradable items.

The only things we would like to go down your toilets are the 3Ps - toilet **paper**, **pee** and **poo**.

Have you ever fancied making your own joke poo? Below are some easy and fun recipes for you to try. You could try all three and see which recipe produces the most convincing poo.

Bonus: You can eat some of them too - if you really want to that is!

**But please don't flush these poos down the loo!**

### RECIPE 1

#### You will need:

- 1 cup of icing sugar
- 2 tablespoons of peanut butter (smooth or crunchy)
- 2 tablespoons of milk
- 1 tablespoon of cocoa powder
- 1 bowl
- a spoon
- a container or cling film

#### Method

- 1 Put all your ingredients into a medium-sized bowl and mix thoroughly either by hand or with a spoon. You shouldn't be able to see any separate pieces.
- 2 If the mixture seems too thick, add some more milk. If the mixture is too soft, add a little more icing sugar.
- 3 Once the mixture is a suitable consistency, mould your 'poo' into one large piece or a couple of smaller pieces.
- 4 Place in a container or wrap in cling film. You may want to leave it soft and squidgy or you can put it in the freezer for a couple of hours, so it's firmer.



## RECIPE 2

### You will need:

- 1 wheat cereal biscuit (chocolate chip or plain)
- 3 tablespoons of hot water
- ½ tablespoon cocoa powder (if using plain biscuits)
- flour (optional)
- bowl
- spoon
- cling film or container

You can even add bits of carrot or sweetcorn if you want to add variety and colour to your poo to make it that little bit more convincing!

### Method

- 1 Place your wheat biscuit in a bowl and add the water.
- 2 Wait for the biscuits to absorb the water. Break the biscuits up with the back of a spoon and stir until they are a little softer and malleable. If the mixture is too hard, add a bit more water. If the mixture is too soft, add a little flour. You shouldn't be able to see any separate pieces.
- 3 If you are using plain biscuits, add the cocoa powder and stir some more until it is blended through.
- 4 Mould your biscuits into 'poo-like' shapes. You could make one big piece or smaller pieces.
- 5 Wrap in cling film or place in a container and leave in the freezer for a couple of hours until the 'poo's' are firm - although you may want to leave them soft and squidgy!

## RECIPE 3

This next recipe doesn't use edible ingredients. But it does encourage people to re-use and recycle! Sometimes, toilet roll inserts end up at our water recycling centres when people have flushed them down the toilet, but they should go in the bin (or they can be turned into joke poots!).

Only the three **Ps** should go down the loo - toilet **paper**, **pee** and **poo**.

### You will need:

- 1 toilet roll insert
- bowl
- water
- paint (optional)

### Method

- 1 Cut or rip your toilet roll insert in half lengthways.
- 2 Add to a bowl of water and submerge.
- 3 Leave to soak for 30 minutes.
- 4 Once it is soft and breaks apart easily, rub the toilet roll insert between your fingers until it breaks into little pieces.
- 5 When it has been fully broken up and you cannot see any big pieces, mould into one lump and take out of the water.
- 6 Mould together into a poo-like shape and leave to dry.
- 7 You may want to paint it to make it a darker colour or you can leave it as it is.

